



TOGETHER AS ONE IN TRUTH AND KNOWLEDGE

ST MARY'S PRIMARY SCHOOL NEWSLETTER

(02) 48321 592

www.stmarysc.nsw.edu.au

17 February 2017

FROM THE PRINCIPAL

WELCOME FUNCTION

Tomorrow evening, Saturday 18th February, we will be holding a social function to welcome in the new school year. All families and friends are invited to attend. The evening will begin with Mass at 6pm and then will be followed by a Fun Family Bingo Night at the Crookwell Golf Club. If you had not planned on attending and your plans change please feel free to come along on. The more the merrier!

P & F MEETING

Thank you to all the parents who came along to the P & F AGM and General Meeting on Tuesday night. Once again a strong P & F Executive team have been formed to oversee the Tuckshop, Uniform Shop, Cattle Fund and fundraising events for 2017. (See P & F News in this Newsletter.)

Welcome to Jolene Grove and Jennifer Stallard in their new roles and thank you very much to Libby Crowther, our outgoing Secretary, for her commitment and support over the past two years.

Each class has been allocated a fundraising event for the year. You will receive information about your event as the year progresses. P & F funds this semester will go towards some beautification work of our yards and school.

Thank you to all our parents for your consistent support of St. Mary's P & F events.

PARISH HELPERS

St Mary's Parish is looking for volunteers to assist with the running of the Church. If you are able to assist with flower donation, flower arranging, vase cleaning or general cleaning please contact Sr. Rosemary or the School Office. You will be rostered on the area of your choice, with an experienced volunteer and will only need to donate your time once every seven or eight weeks on a day that suits you.

SWIMMING CARNIVAL

What a wonderful day we had for our School Swimming Carnival last Friday 10th February. As usual, it was wonderful to see students participating with enthusiasm, demonstrating exemplary sportsmanship.

Thank you to our parent helpers who braved the heat to timekeep and thank you to Rachael Croker for her event coordination. Fortunately we could move through our program quickly enough to be out of the worst of the day.

Good luck to our Northern Region Swim Team competing at Yass today.

LOCAL EXCURSIONS

Today a consent form for your children to participate in LOCAL EXCURSIONS will accompany the Newsletter. This form gives your child permission to walk or travel by bus, under the supervision of your child's teacher to excursions around the Crookwell district. Examples of this include school swimming, cricket and hockey gala days, and class excursions to local businesses or organisations. Please fill this form out and send it into your child's class teacher next week.

CATHOLIC SCHOOLS WEEK

From the 5th - 10th of March we will be celebrating our Catholic School with visits within our community. The week will conclude with our 2017 OPEN DAY held on Friday 10th March.

From 11.00am visitors will participate in an information session and guided school tour examining the many facets of daily life at St Mary's Primary School.

Following the school tour visitors will be entertained by a **Showcase of Learning** in the School Hall at 12.00pm.

Please encourage anyone you know interested in finding out more about St Mary's to attend our 2017 Open Day.

Yours in peace, joy and happiness,

Sarah Lowe



SPORT NEWS

SCHOOL SPORT

Swimming Carnival

We were successful in being able to hold our School Swimming Carnival on Friday of last week. Our students swam very well and displayed fantastic team spirit. Thank you to the students and their families for being so understanding with the changes due to the weather, it was certainly a case of one extreme to the other. Each year we are truly grateful to our helpers who assist in numerous ways on the pool deck and the BBQ. Without your support, our carnivals would not happen.

Congratulations to the following students who are our 2017 St Mary's Primary School Swimming **Age Champions:**

8yr Girls: Hayley Francis

8yr Boys: Nate Kemp

9yr Girls: Marnie McCormack

9yr Boys: William Heffernan

10yr Girls: Chloe Kemp

10yr Boys: Bradley Nagle & Lachlan Nagle

11yr Girls: Tara McCormack

11yr Boys: Harry Skelly

12yr Girls: Eliza Kemp

12yr Boys: Eddie Robinson

Winning House: Aloysius



Primary Sport- Lawn Bowls

Weeks 4 and 5 will see Year 3 and 4 venture down to the Crookwell Bowling Greens to participate in lawn bowls for their weekly sport. There is a small fee of \$1 per student to take part, if this should cause a problem please see Mrs Lowe.

Years 5 and 6 will have their turn in Weeks 7 and 8.

Croker/ Gilbert Rugby League

Permission notes were sent home on Tuesday. It would be appreciated if they could be returned by Friday 24th February.

We are also looking for parents who may be able to assist with coaching.

Upcoming Events

*17th March, Week 7, School Cross Country

Mrs Rachael Croker
School Sports
Coordinator

REPRESENTATIVE SPORT

Congratulations

Congratulations to Joshua Evans on his selection into the next trial for MacKillop Boys Tennis Team 2017. We are impressed with this achievement considering it was such a hot day to be showcasing tennis skills on a 40+ degree tennis court!

Joshua will now compete at Wollongong to make the MacKillop Team. We wish him all the best.

Northern Region Swimming

Congratulations to our St Mary's Swim Team who will be competing at Yass today for selection into the Northern Region Swim Team.

Members include:

Hayley Francis, Kiowa Morning, Reagan Picker, Nate Kemp, Marnie McCormack, Dylan Greenwood, Bella Croker, William Heffernan, Isabelle Galland, Bradley Nage, Chloe Kemp, Lachlan Nagle, Tara McCormack, Harry Skelly, Lillian Croker, James Croker, Harriet Lowe, Eddie Robinson, Tiarna Bill, Angus Smith, Eliza Kemp and Joshua Evans. Stay tuned for their results and personal achievements.

Mrs Sally Croker
Representative Sports
Coordinator



CLASSROOM SUPPORT NEWS

STUDY CENTRE

Every Tuesday from 8 – 8.50am the Star room will operate as a free “Study Centre” for students from Year 2 to Year 6 who attend St Mary’s. Students who require extra assistance with their homework, reading, spelling or maths are welcome to attend. Some students may choose to attend to read quietly. Students can attend occasionally with a query or each week if they choose.

PARENT SUPPORT

If you are concerned with your child’s learning the following website might be a good support for you. “LDC is a coalition of individuals and parent support groups which provides support and information about children (5-18yrs) with learning difficulties and related conditions.”

<http://www ldc org au/>

LEARNING DIFFICULTIES PARENT HOTLINE: 02 9806 9960 (Open School Days 9am - 3pm)



The CoolKids and Adolescent Health Program:

Helping distressed children & adolescents suffering from somatic health complaints (including recurring headaches, stomach-aches etc).

About 40% of children and adolescents may experience functional somatic health complaints, which are medically benign (that is, they have no identified organic cause). The most common somatic-health complaints experienced by children and adolescents include recurring abdominal pain, gastro-intestinal symptoms, recurring headaches, chest pains, dizziness and nausea. Research has shown that these children are prone to have increased rates of school absenteeism, and this may also have an impact on their learning, peer relations and overall quality of life. Studies have also indicated that up to 80% of children and adolescents struggling to cope with these recurring functional somatic health complaints may also be experiencing anxiety and/or depressive problems.

Our new, CoolKids and Adolescent Health Program is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. This program is specifically designed for children aged 7 to 17 years who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). The program is individually based and involves 10 x 1 hour weekly therapy sessions held either in-person at the Centre for Emotional Health (CEH) Clinic at Macquarie University or via Skype or telephone. Interested families will be invited to attend a screening assessment to determine eligibility.

Organisation: Centre for Emotional Health, Macquarie University.

Researchers: Associate Professor Maria Kangas, Prof Ron Rapee, & Prof Mike Jones.

Who is eligible? Children and adolescents aged 7-17 years who are experiencing recurring somatic health complaints for a minimum of 3-months.

Contact: For more information, please contact Assoc. Professor Kangas and her team (email: CoolKidsHealth@mq.edu.au or maria.kangas@mq.edu.au) or telephone (02) 9850 8599 or (02) 9850 4082.

* This information, and another information page about this, is also available from the School Office



AWARDS

The Class Award recipients this week are...

- Kinder - Lachlan Kilborn & Joe Hayes
- Year 1 - Xavier Stallard
- Year 2 - Nate Kemp
- Year 3 - Ellie McCormack
- Year 4 - Adelaide Halse & Ashleigh Bachta
- Year 5 - Harry Skelly & Olivia Anderson
- Year 6 - Angus Smith & Harriet Lowe

The School Spirit Award recipients this week are Tara McCormack for her welcoming manner and Christian Bugeja and Harriet Lowe for showing service to others.

Presentation of Awards will occur at each Monday morning Assembly in the Old Hall at 9.05am.

P & F NEWS

TUCKSHOP

MONDAY 20th February
Paul Millet
Pam Evans
Tania Croker

FRIDAY 24th February
Barbara Doyle
Melissa Haynes
Rebecca Scott

The Term 1 Roster can now be accessed on the PARENT PAGE on our website.

UNIFORM SHOP CLEARING SALE

- *Unisex Long Sleeve Sports Polo \$2
Sizes 4-16 and adult small
- *1/2 Elastic Girls Winter Trousers
\$10 Sizes 4-16
- *1/2 Elastic Boys Winter Trousers
\$10 Sizes 4-16
- *Plus many donated items FREE OF CHARGE

PARISH NEWS

ALTAR ROSTER

7th SUNDAY IN ORDINARY TIME (Green)

Saturday 18th February
Tiarna & Taleisha Bill
Sunday 19th February
Angus Smith & James Croker

8th SUNDAY IN ORDINARY TIME (Green)

Saturday 25th February
Joe Slater & Jeffrey Fraser
Sunday 26th February
Harriet Lowe

THE RCIA

The Rite of Christian Initiation of Adults - What is it?

The RCIA is not a course, it is not a program, but a faith journey for anyone inquiring about the Catholic faith, whether baptised or not, or baptised in another faith.

This journey takes place within and through the worshipping community i.e. the team, the sponsors and the worshipping community each Sunday.

The journey is about answering the questions of the inquirers about being Catholic.

The process begins each week by exploring what the Word of God says to us that week.

Little by little this then opens up other questions about the Catholic faith.

If you would like to COME and SEE, as Jesus said to his first disciples please contact Fr Dermid at the Presbytery, 48211022.



SCHOOL CALENDAR

WEEK THREE

- 17 Feb** NR Swimming Carnival
- 18 Feb** Welcome Back Function- Family Bingo Night

WEEK FOUR

- 21 Feb** Board Meeting 7.00pm
- 22 Feb** Kindergarten Rest Day
KidsMatter Training - S. Croker
Parish Pastoral Council Meeting
- 23 Feb** Staff Wellbeing Breakfast
Year 5/6 Leadership Day
- 24 Feb** Bowls Year 3/4- \$1

WEEK FIVE

- 28 Feb** Archdiocesan Swimming Carnival Boorowa
NR Principal's Meeting
- 1 Mar** Ash Wednesday
Principal's Retreat
- 2 Mar** Principal's Retreat
- 3 Mar** Principal's Retreat
Bowls Year 3/4- \$1

WEEK SIX - Lent Week 1

- 6 Mar** Catholic Schools Week
- 7 Mar** Catholic Schools Week
- 8 Mar** Catholic Schools Week
- 9 Mar** Catholic Schools Week
- 10 Mar** Catholic Schools Week
Open Day
Recognition Awards ACT

WEEK SEVEN- Lent Week 2

- 14 Mar** Directors Visit 9.00am
- 17 Mar** School Cross Country

WEEK EIGHT- Lent Week 3

- 20 Mar** Interim Reports & Three Way Interviews
- 21 Mar** Interim Reports & Three Way Interview
- 22 Mar** NSWCPSS Swimming
Peter Lucas League Carnival
- 23 Mar** Future Leaders Conference
- 24 Mar** Future Leaders Conference
Bowls Year 5/6 \$1

WEEK NINE - LENT WEEK 4

- 27 Mar** Winter Sport Trials - Queanbeyan Soccer and League



SCHOOL NEWS AND INFORMATION

P & F NEWS

Thanks to everyone who attended our P & F meeting this week. It was great to see new faces. I would like to thank all of the 2016 P & F Committee members for all of their work, support and help during the year. Without this help, I would not be able to do my role, so thank you.

For the year 2017 I would like to introduce the new P and F committee:

President: Jennifer Evans

Vice Presidents: Sara Bugeja, Marianne Smith and Jennifer Stallard

Treasurer: Craig Croker

Secretary: Jolene Grove

I look forward to working with the 2017 Committee and anyone else who is willing to help.

The final profit margin from the show was \$2948.80. This was a little down on last year but a fantastic result considering the weather and low show attendance numbers. This money is going to be put towards replacing the old chain wire fence on the top playground near the back lane and a new sandpit for the top playground. So thank you for everyone's help over the show weekend.

Once again this year we are having class fundraising events. They are scheduled as follows;

Kindergarten: Street Stall 10th June - Term 2

Year 1 and 3: Market Night - Term 4

Year 2: Bulb Drive - Term 1 (\$1923 profit in 2016 was made from this fundraiser)

Year 4: Street Stall 2nd September - Term 3

Year 5: Northern Region Cross Country Canteen - Term 2

Year 6: Hockey Gala Day Canteen - Term 3

More details about these events will be sent home and posted as the events draws closer.

I look forward to working with you all this year and new fundraising ideas are always welcome.

Jenny Evans

St Mary's P & F President

LIBRARY NEWS

Volunteers are needed to cover books for the Library. Plastic covering is supplied and you are able to do this at home in your own time. If you are able to assist, please complete the form and return to the office and I will contact you.

Thankyou,

Dorothea Hewitt

I am able to cover books for the Library

Name: _____

Phone Number: _____



COMMUNITY NOTICES



Approved for release by: General Manager John Bell

Issued: Thursday, 9 February 2017

MEDIA ALERT

Reminder: Crookwell Skate Park

Council wishes to remind the community that the Crookwell Skate Park is not to be used until the temporary safety fencing is removed.

Permanent fencing along Laggan Road and safety signage will be erected in the next four weeks, weather permitting.

Until that work is complete, the site remains a safety hazard and should not be used.

ENDS

For media enquiries please contact Upper Lachlan Shire Council General Manager John Bell on 4830 1000.

CROOKWELL SOCCER CLUB

INVITES ALL JUNIOR PLAYERS TO REGISTER ON THE 25TH FEBRUARY 2017 AT THE TOP PUB MEETING ROOM FROM 10AM JUNIOR REGISTRATION FORMS ARE ATTACHED TO THIS NEWS LETTER. PAYMENT FOR JUNIOR REGO THIS YEAR IS \$50 PER CHILD. DISCOUNTS DO APPLY FOR FAMILIES. HOPE TO SEE YOU ALL THERE

CROOKWELL SOCCER CLUB INVITES **SENIOR PLAYERS** TO OUR ANNUAL MUSTER DAY ON THE 26 TH FEBRUARY 2017 AT LIN COOPER SOCCER FIELDS AT 11AM BRING YOUR BOOTS AND HAVE SOME FUN !!!

ACROBATICS
GYMNASTICS
TINY TUMBLAS AND TWINKLE TOES FOR TODDLERS
COMPETITION SHOW CREWS FOR THOSE WISHING TO FURTHER THEIR DANCE CAREERS
ADULTS CLASSES

ENQUIRIES: FUSIONDANCEGOULBURNCROOKWELL@GMAIL.COM



FUSION DANCE GOULBURN AND CROOKWELL



@FUSIONDANCEGOULBURNCROOKWELL

Crookwell Jnr Green Devils

2017 Season Muster Day

Saturday 18th Feb

Memorial Oval

From 4pm

Drinks and suasage sizzle provided.

registration can be done online at

<http://playnrl.com>

\$50 rego fee

ALL players receiving shorts and socks



DVD's ordered of the 2016 Christmas Concert are now available for collection from the Pre-school.



ST MARY'S PRIMARY SCHOOL

Wade Street
P.O.Box 189
Crookwell NSW 2583
Telephone: 02 48321 592
<http://stmarysc.nsw.edu.au>

Consent Form for Local Excursions

As a Parent/Guardian of _____ in Year _____ at St Mary's Primary Crookwell I give my consent for my child to participate in **LOCAL EXCURSIONS ONLY**. I understand that the children may be transported by bus or will be walking and agree to delegate my authority to the teachers in charge.

Teachers and instructors may take whatever disciplinary action they deem necessary to ensure the safety, well-being and successful conduct of the students as a group, or individually, in the above mentioned activity.

I also authorise the teachers and instructors to obtain medical assistance which they deem necessary should an accident occur, and agree to pay all medical expenses incurred on behalf of the above student/s.

I submit the medical information below about the above student/s and include details of limitation which the student/s has/have for the activities concerned.

I further authorise qualified practitioners to administer anaesthetic if such an eventuality arises.

Parent Signature: _____ Date: _____

Medical Information

Date of Birth of Student/s _____

Details

- | | | | |
|-------------------------|--------|---|---------|
| 1. Heart Problems | Yes/No | 8. Drugs Required | Yes/No |
| 2. Respiratory Problems | Yes/No | 9. Drugs Reaction (eg Penicillin Allergy) | Yes/No |
| 3. Allergies | Yes/No | 10. Phobias | Yes/No |
| 4. Travel Sickness | Yes No | 11. Other Information | Yes/No |
| 5. Blood Pressure | Yes/No | 12. Ambulance Insurance | Yes/ No |
| 6. Operations | Yes/No | | |
| 7. Recent Illness | Yes/No | | |

Emergency contact:

Address: _____

Contact Numbers: _____ Medicare or Medical Benefits No. _____

If answer is YES to any of the above, please provide additional information; _____